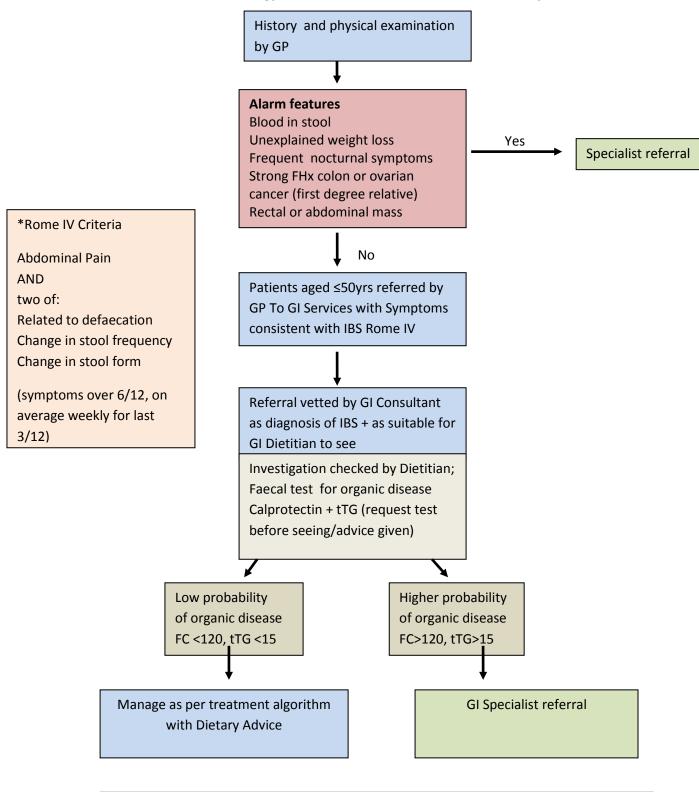


## NHS Borders IBS Pathway based on NHS Scotland's Modern Outpatient Programme's Gastroenterology Collaborative National Clinical IBS Pathway



## NOTES.

- 1. Family history of colon cancer is especially relevant if a first degree relative (FDR) <50yrs is affected, or if there are 2 FDRs affected at an older age.
- 2. Both faecal calprotectin and faecal immunochemical tests for human haemoglobin (FIT) are useful in identifying patients with a higher probability of organic colonic disease. Availability, assays and protocols for the use of these tests vary, and local guidance on their usage and interpretation should be followed.
- 3. In patients with persistent watery diarrhoea not responding to Rx, consider the possibility of microscopic colitis and possible need for colonic biopsies.