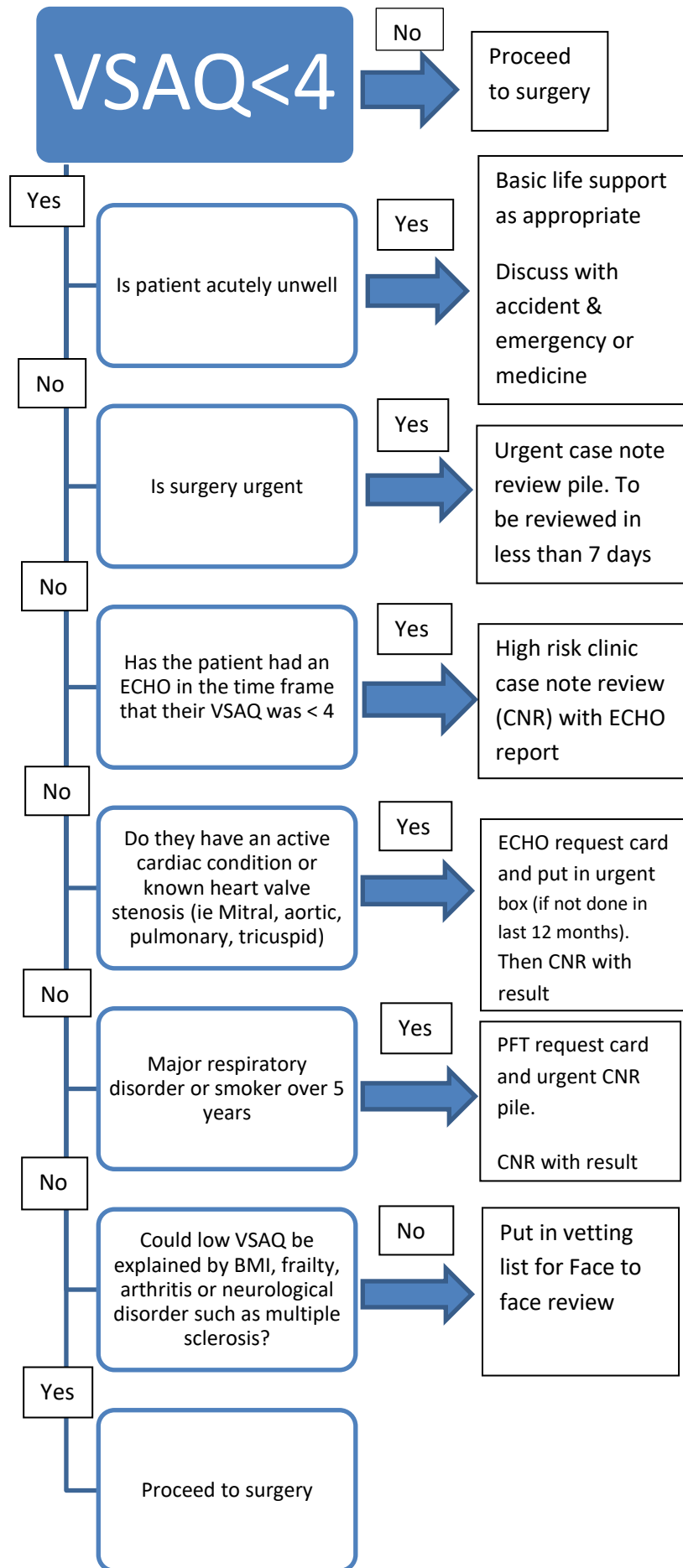


Low METS guideline: Veteran Specific Activity Questionnaire (VSAQ) < 4 for use in pre-operative assessment



Low METS guideline: Veteran Specific Activity Questionnaire (VSAQ) < 4 for use in pre-operative assessment

Active cardiac conditions:

Unstable coronary syndromes:

- CCS III/IV (Angina/symptoms with everyday living, moderate limitation or worse)

Decompensated heart failure

Significant arrhythmia:

- High grade AV block
- Mobitz II AV block
- 3rd degree block
- Symptomatic ventricular arrhythmia
- SVR with HR>100 at rest
- Symptomatic bradycardia
- Newly recognized ventricular tachycardia

Severe valvular disease:

- Severe AS (Mean gradient >40 mmHg, aortic valve area <1 cm², or symptomatic)
- Symptomatic MS (DOE, exertional presyncope, or heart failure)

Major respiratory disease = DOSE index > 2

DOSE INDEX SCORING SYSTEM

| | DOSE Index Points | | | |
|--|-------------------|--------|-----|---|
| | 0 | 1 | 2 | 3 |
| MRC Dyspnea Scale score | 0–1 | 2 | 3 | 4 |
| Obstruction FEV ₁ % predicted | >50 | 30–49 | <30 | |
| Smoking status | Nonsmoker | Smoker | | |
| Exacerbations per year | 0–1 | 2–3 | >3 | |

If no FEV1 available base score on other features alone