



Title	Policy – Next Infant Support Programme (NISP) for women who have previously suffered a sudden unexpected death of an infant (SUDI)
Number	
Issue date	November 2016
Review date	November 2019
Distribution	
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Equality & Diversity Impact Assessed	

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Statement of Intent

NHS Borders is committed to the delivery of safe, effective and person centred clinical care to all patients. This Policy provides a framework that encompasses these values in relation to care for pregnant women or partner who have previously suffered sudden unexpected death of an infant (SUDI) and are therefore eligible for a next infant support programme (NISP).

The aim of this policy is to:

- Ensure that pregnant women or partner, who has previously suffered a SUDI, receive appropriate emotional and practical support when they have another baby.
- Make timely referral to the Scottish Cot Death Trust (SCDT), which developed and provides a NISP.
- Enable parents to cope with the emotions and anxieties they may naturally experience in a subsequent pregnancy.

The policy applies to all staff caring for parents who have previously suffered a SUDI.

Guideline

NISP referral forms/ information packs should be available within all community midwife bases. For additional materials contact SCDT on 0141 357 3946.

8 – 12 wks. Community Midwife (CMW) Booking:

- CMW identifies mum as meeting criteria for enrolling onto NISP. Obtain verbal consent to NISP. Issue NISP patient leaflet eg (**appendix 1**).
- CMW places stickers on the front of the SWHMR and the base note. Place a NISP care pathway in SWHMR folder. Although unlikely, please indicate if the woman declines NISP at booking, but ask again at a later stage i.e. 16-20 weeks. If she still declines then record in the notes and inform ANC and Dr Clare Ketteridge, Consultant Paediatrician (if not available, contact paediatric 'consultant of the week'). In this case local arrangements will be offered for resuscitation training and provision of an apnoea alarm.
- ANC MW places a NISP sticker on the front of the pink notes and encloses a copy of the NISP care pathway in the pink notes (**appendix 3**).

16wks. CMW or BGH ANC MW

- Referral form (**appendix 2**) completed by mum, **midwife to sign** confirming pregnancy.
- Fully completed referral form returned to SCDT (using the freepost address)

Following delivery:

- Ward 17 Inform paediatrician – during routine hrs. Parents may wish to discuss arrangements already in place and any remaining concerns.
- Ward 17 offer to inform SCDT of the delivery or remind mum to do this if she prefers.

Late / postnatal requests:

- If a family presents at the time of delivery there is no guarantee that a monitor will be available from NISP. In these circumstances, please contact Ward 15. Borders paediatric service will supply the family with a monitor and organise resus training prior to discharge. The family should also be given a referral form for the NISP and asked to complete and return to SCDT.
- Once the referral is received by the SCDT, a home visit will be arranged and the monitor exchanged for one belonging to the Trust.
- All monitors will be pre-booked therefore there is no guarantee that one will be available should a post-delivery request arrive.
- If unsure of anything, please call SCDT on 0141 357 3946.

Appendix 1

Appendix 2

NEXT INFANT SUPPORT PROGRAMME CARE PATHWAY

Referral forms/ information packs should be available within all 'booking in' units.

For additional materials contact SCDT on 0141 357 3946.

FLOWCHART

8 – 10 wks Community Midwife obtains consent and issues NISP information leaflet. Stickers placed on SWHMR, basenote and front of Pinks. See referral form for full list of criteria.

16 wks. Referral form completed by mum, **CMW/ANC midwife to sign** confirming pregnancy. Referral form returned to SCDT (using the freepost address). SUDI paediatrician informed.

Once SCDT receive referral form

Week 18-26

Family contacted by SCDT to organise home visit. SCDT services – support, counselling, befriending etc – discussed.

Week 28-32

SCDT arrange Resuscitation training - organised and delivered at home.

Week 32-33

Apnoea monitor delivered to family address by SCDT support worker.
Safe sleep messages discussed by SCDT support worker

Post delivery

Home visit if required for additional support, particularly around the time of the last loss or at the age of baby who died. Minimum check in at 6 weeks, 6 months and 10 months.

12 months

SCDT contact family and send out freepost return envelopes.
Monitor to be returned to SCDT and sent for annual service.

Late or postnatal requests:

If a family presents at the time of delivery there is no guarantee that a monitor will be available. In these circumstances, the NHS Board can supply the family with a monitor and organise resus training prior to discharge. The family should be given a referral form for the NISP and asked to complete and return to SCDT.

Once this referral is received, a home visit will be arranged and the monitor exchanged for one belonging to the Trust.

All monitors will be pre-booked therefore there is no guarantee that one will be available should a post-delivery request arrive.

If you are unsure of anything, please call SCDT on 0141 357 3946.