

Discharging babies with bronchiolitis from the ED



When to discharge

Rule of thumb: if the child is saturating & feeding well - safe for discharge
(Do NOT get hung up on RR)

Persistingly saturating
>92% if <6 weeks old
>90% if >6 weeks old

Adequate oral intake

Aim for:
>50% normal intake
>3 wet nappies / day

Discuss with paediatrician if any risk factors
- Pre-existing lung condition - Immunocompromised -
- Congenital Heart Disease - Re-attendance -
- Prematurity <35 weeks - Neuromuscular Weakness -

CRITICAL FACTOR = the Parent/Carer

Can they recognise the red flag symptoms?
Will they re-present if they are worried?
How far away from the hospital do they live?
Are they confident with being discharged?

Information upon Discharge

RED FLAGS:

- Working harder to breathe
- Fluid intake is <50% normal
- No wet nappies for 12 hrs
- Becoming more fatigued

Come back if these develop!

Don't forget an
Information
Sheet!

