

Pre ECV counselling checklist

Did patient receive patient information leaflet?

Yes/No

Discuss options:

- ECV
 - o Success rate approximately 50%
 - o After 36+0 the chance of spontaneous rotation to cephalic is low
 - o Small number of babies revert back to breech following successful ECV
 - o Reduces the rate of caesarean section
 - o Labour following successful ECV has slightly increased risk of caesarean section/instrumental delivery
 - o Very low complication rate including fetal distress/emergency c/section
 - o Can be a painful procedure (analgesia is provided)
 - o Procedure explained

- Vaginal breech delivery
 - o Slightly increased perinatal mortality in relation to planned caesarean section (2/1000 for vaginal breech vs 0.5/1000 for c/s)
 - o Increased risk of low Apgars and serious short term complications but has not been shown to increase the risk of long term morbidity
 - o Maternal complications are least with vaginal birth (risk of emergency c/section for vaginal breech is approx. 40%)
 - o Less experience with vaginal breech can impact outcome

- Elective caesarean section
 - o Increased maternal complications including return to theatre, damage to surrounding organs, PPH
 - o Increased risk to future pregnancies including stillbirth, invasive placenta, uterine rupture

Patient decision: