

## Paediatric Formulary Pathway

Formulary Choices *(DPIs have a lower carbon footprint)*

Equivalents – Non formulary

### Step 1 – Regular **very low dose** inhaled steroid

\$\$Soprobe MDI 50mcg 2 Puffs BD (£1.66)

\*Budesonide Easyhaler DPI 100mcg 1 puff BD (£2.65)  
 \*\*Budesonide (Pulmicort) turbohaler DPI 100mcg 1 puff BD (£4.27)

\$\$Clenil MDI 50mcg 2 puffs BD (£2.22)

\$Flixotide MDI evohaler 50mcg 1 puff BD (£2.72)  
 \*\*Flixotide Accuhaler DPI 50mcg 1 puff BD (£4.00)

### Step 2 – Add regular long acting beta agonist (LABA) or montelukast for <5s

Swap to \*\*Seretide Evohaler MDI 50 1 puff BD (£8.73)

\*Symbicort turbohaler DPI 100/6 1 puff BD (£14.00)

Add \*\*Serevent Evohaler MDI 2 puffs BD (£29.26)  
 Or \*Easyhaler formoterol 2 puffs BD (£23.75)

### Step 3 – Increase to **low dose** inhaled steroid

\*\*Seretide Evohaler MDI 50/25 2 puffs BD (£17.46)

¥DuoResp Spiromax DPI 160/4.5 1 puff BD (£13.98)  
 \*\*Seretide Accuhaler DPI 100/50 1 puff BD (£17.46)

\*\*Pulmicort Turbohaler DPI 100mcg 2 puffs BD (£8.55) + LABA  
 ¥Flutiform 50 MDI 2 puffs BD (£14.40)  
 \$\$Clenil MDI 100mcg 2 puffs BD (£4.45) + LABA  
 \*Easyhaler budesonide DPI 100 2 puffs BD (£5.32) + LABA  
 \*Symbicort turbohaler DPI 100/6 2 puffs BD (£28.00)

### Step 4 – Trial of Montelukast 4mg daily

### Step 5 – Refer for review before increasing to **medium dose** inhaled steroid

¥Seretide Evohaler MDI 125/25 2 puffs BD (£23.45)

¥DuoResp Spiromax DPI 160/4.5 2 puffs BD (£27.97) or 320/9 1 puff BD (£27.97)

¥Flutiform 125 MDI 2 puffs BD (£28.00)  
 ¥Symbicort turbohaler DPI 200/6 2 puffs BD (£28.00)  
 ¥Fusacomb Easyhaler 50/250 DPI 1 puff BD (£21.50)  
 ¥Pulmicort Turbohaler DPI 200mcg 2 puffs BD (£17.10) + LABA  
 ¥Clenil 200mcg MDI 2 puffs BD (£9.70)+ LABA  
 \*Easyhaler budesonide DPI 200 2 puffs BD (£10.62) + LABA

### Reliever as required – consider stepping up if using 3 doses or more a week

Salbutamol MDI 2 puffs as required (£1.50) , Salamol Easi-Breathe MDI (£6.30)

Note: Seretide (fluticasone) is 'double strength' compared to standard Beclometasone. DPI – Dry powder inhaler, MDI – Metered dose inhaler  
 ¥ Licensed from age 12, \*Licensed from age 6. \*\*Licensed from age 5, \$ Licensed from age 4, \$\$ Licensed from age 2. Prices based on 30 days.