

STOP SMOKING SERVICE OUTPATIENT REFERRAL PATHWAY

1. Ask patient smoking status and document in notes
2. Brief education provided on the effects of smoking to health and the benefits of stopping smoking
3. Remind patient of NHSGGC Smokefree Policy
4. Assess motivation to stop smoking

IS THE PATIENT MOTIVATED TO STOP SMOKING?

YES – Patient requests help **and** is **motivated** to stop

Refer to Stop Smoking Service through Trakcare by selecting 'Patient' > 'New request' > 'Other – adult tab' > 'Stop Smoking Service'

Quit Your Way Hospital Services administrator will refer all patients to their local community stop smoking service

Quit Your Way Community Team proactively call patient and support options discussed (example: telephone support, 1:1 drop-in)

OUTCOME DATA

4 week and 12 week outcomes recorded within ISD Scotland

NO

Not motivated to stop at present:

- Advise risk to health of continued smoking and benefits of quitting
- Remind patient of Smokefree Policy
- Provide Quit Your Way info leaflet
- Document in case notes

N.B:

Where Trakcare is unavailable or if using a pre-op assessment form, relevant information can also be emailed directly to:

Quityourway.hospitalservice@ggc.scot.nhs.uk or phone 0141 451(8)6112