

# PRE-ASSESSMENT CHECKLIST

Perioperative pathway for patients with diabetes undergoing surgery or procedures that require a period of starvation (fasting)

PECOS Code



Patient Label

Raigmore Hospital

Belford Hospital

Caithness General Hospital

Date Initiated: .....

Procedure: ..... Speciality: .....

Consultant Surgeon: ..... Consultant Anaesthetist: .....

Diabetes Type:	Tick	Comments
Type 1	<input type="checkbox"/>	
Type 1 (insulin pump)	<input type="checkbox"/>	**** Contact Raigmore Insulin Pump Team for specific advice : extension 7936 / 7950 ****
Type 2 (insulin +/- tablets)	<input type="checkbox"/>	
Type 2 (non insulin injectable +/- tablets)	<input type="checkbox"/>	
Type 2 (tablets alone)	<input type="checkbox"/>	
Type 2 (diet controlled)	<input type="checkbox"/>	
Non insulin injectables: Byetta® (exenatide), Bydureon® (long-acting exenatide), Victoza® (liraglutide), Lyxumia® (lixisenatide), Ozempic® (semaglutide) or Trulicity® (dulaglutide)		

Latest HbA1c: Date Taken ..... Result .....

Is last HbA1c value older than 6 weeks? No  Yes  → Obtain an up-to-date result

Is HbA1c ≥69 mmol/mol? No  Yes  → Refer to Diabetes Nurse  Referral made



Consider delay to elective surgery if HbA1c ≥69 mmol/mol

## Planning

1. Highlight on waiting list that patient has diabetes (preferably first on list) No  Yes

Comments: .....

2. Is patient on metformin? No  Yes  → Patient informed to take last dose the day before surgery (take last dose 2 days before surgery if receiving bowel preparation) Yes

3. Patient provided with written Diabetes and Surgery advice? No  Yes  NA

4. Patient provided with Bowel Preparation leaflet? No  Yes  NA

5. Patient instructed to fast from: Time (24h clock) ..... Date .....

A Variable Rate Intravenous Insulin Infusion (VRIII) is likely to be required if oral carbohydrate loading (Preload®) is given prior to surgery.

Print Name: ..... Sign: .....

Designation: .....