

Appendix 1: Medication Specific Information:

Drug	Titration	Ideal treatment dose	Caution	Side effects	Notes
Donepezil	5mg mane one month then increase to 10mg	10mg	Sick sinus syndrome Peptic ulcer disease, asthma or COPD, hepatic impairment	Loss of appetite, weight loss, bradycardia, headache, feeling of nauseous, tiredness, diarrhoea,	Available in tablet, orodispersible and liquid form
Galantamine prolonged release	8mg for a month, increase monthly by 8mg	24mg	As above and urinary retention, congestive heart failure, history of seizures, unstable angina, creatinine clearance <9mL/min	muscle cramps, poor sleep, abnormal dreams	Available in prolonged release capsules and liquid
Rivastigmine	1.5mg bd, increase by 1.5mg bd every month	3 – 6mg bd	As above, monitor body weight		Available in capsule, oral solution and transdermal patch. Transdermal administration (patch) is less likely to cause side effects although may cause skin reaction/rash. Provide instruction to ensure correct use of patches to reduce risks e.g. skin rash,

					<p>risk of multiple patch application</p> <p>For switching to patches check appropriate dose (section 4.2): HERE</p>
Memantine	5mg daily, increase by 5mg a week	20mg	<p>Convulsions, Reduce dose to 10mg if Creatinine clearance 30-49mL/min Check BNF for guidance in creatinine clearance lower than 30 Calculate creatinine clearance: HERE</p>	Hypertension, dizziness, drowsiness, constipation, headache, shortness of breath	Tablet, orodispersible tablet and oral solution (as a pump) available.