

## **SURfactant Administration by SUPraglottic Airway (the SURFSUP Trial):**

**Randomisation Link** ( **however important to decide the clinician and escalation clinician/s who will attempt procedure prior to randomising** )

**How to randomise:** See appendix 1 below

### **Things needed by study clinician:**

- Where possible give PIL to parents and discuss study giving them a few minutes to consider if they wish to join.
- Take consent-this is one form, please leave in the locked draw with GoPro camera after the procedure
- Randomise the infant-log into RedCap-details above and below
- Undertake the procedure
- Fill in the **paper the treatment information and clinician survey forms (or online version-requires logging back into RedCap)**
- **Leave GoPro camera, Parent info, consent and clinician forms in the locked draw-Surfon draw above death certificate draw-accessed via Nursing TL**

## Study summary:

Unblinded, multi-centre, randomised controlled trial to evaluate the effectiveness and safety of surfactant administration via supraglottic airway, compared with standard surfactant administration methods via laryngoscopy, in preterm infants with respiratory distress syndrome

**The Local Principal Investigator is David Quine-Any problems please contact me: Office number: 22577 Mobile:07728966304 (Whatsapp me and will phone back)**

## Inclusion Criteria

- Born preterm at <37 weeks' gestation
- Birth weight  $\geq$ 1250 g
- Age <48 hours
- Diagnosis of RDS, confirmed with CXR or lung USS, except where surfactant treatment is required urgently and would be delayed by imaging
- $FiO_2 \geq 0.30$  on non-invasive respiratory support (CPAP/NIPPV or nHF)

## Exclusion criteria

- Previous treatment with surfactant or mechanical ventilation via ETT
- Urgent need for intubation and mechanical ventilation as per treating clinician
- Known pneumothorax
- Major congenital anomaly of lungs, heart, or airway
- Not receiving full active intensive care (i.e., palliative/comfort care)

If an eligible baby is identified then the parents should be approached for consent for their baby to be included in the study **(has to be a staff member who has been allocated this responsibility on the [study delegation log](#))**.

Parent information leaflets, consent and clinician forms are available in the study box at the staff base.

[Full Protocol:](#)      [See link on left if not working](#)

[LMA Technique:](#)

[GoPro procedure:](#)

[Parent info sheets:](#)

## Appendix 1

### How to randomise and forms that need filling in:

1. Ensure parental consent is in place prior to randomizing (**we are taking consent and then photocopying the form, ensure the consent form is left in the locked draw with the GoPro for the research nurse/doctors to sort this**)
2. Confirm eligibility of infant as below:

#### Eligibility

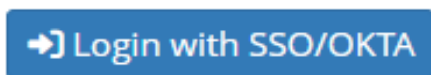
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3. Access REDCap website on a computer or smartphone:

- a. <https://redcap.helix.monash.edu>
- b. Press Blue button-login with SSO/OKTA



- c. Sign in as Monash Guest, you will need to register the first time.
- d. Select **My Projects** then **SURFSUP 1 Trial**
- e. Select **Add/Edit Records**, then click the **+ Add new record** button
- f. Complete the study centre and weight details, and confirm eligibility

The screenshots illustrate the steps to access the REDCap website and add a new record. The top screenshot shows the 'My Projects' menu highlighted in red. The middle screenshot shows the 'Add / Edit Records' section with the '+ Add new record' button highlighted in red. The bottom screenshot shows the 'Adding new Record ID 16' form with the 'Randomize' button highlighted in red.

- g. Click **Randomize**
- h. Ensure the entered values are correct in the pop-up box, and confirm by clicking **Randomize** again
- i. The allocated treatment group is displayed. You can now close the window
- j. **After performing the procedure please simply fill in the treatment information and clinician survey forms (this needs to be done while you remember the event as asks about how you felt about the procedure)-paper forms are available.**
- k. Leave the rest for the researchers