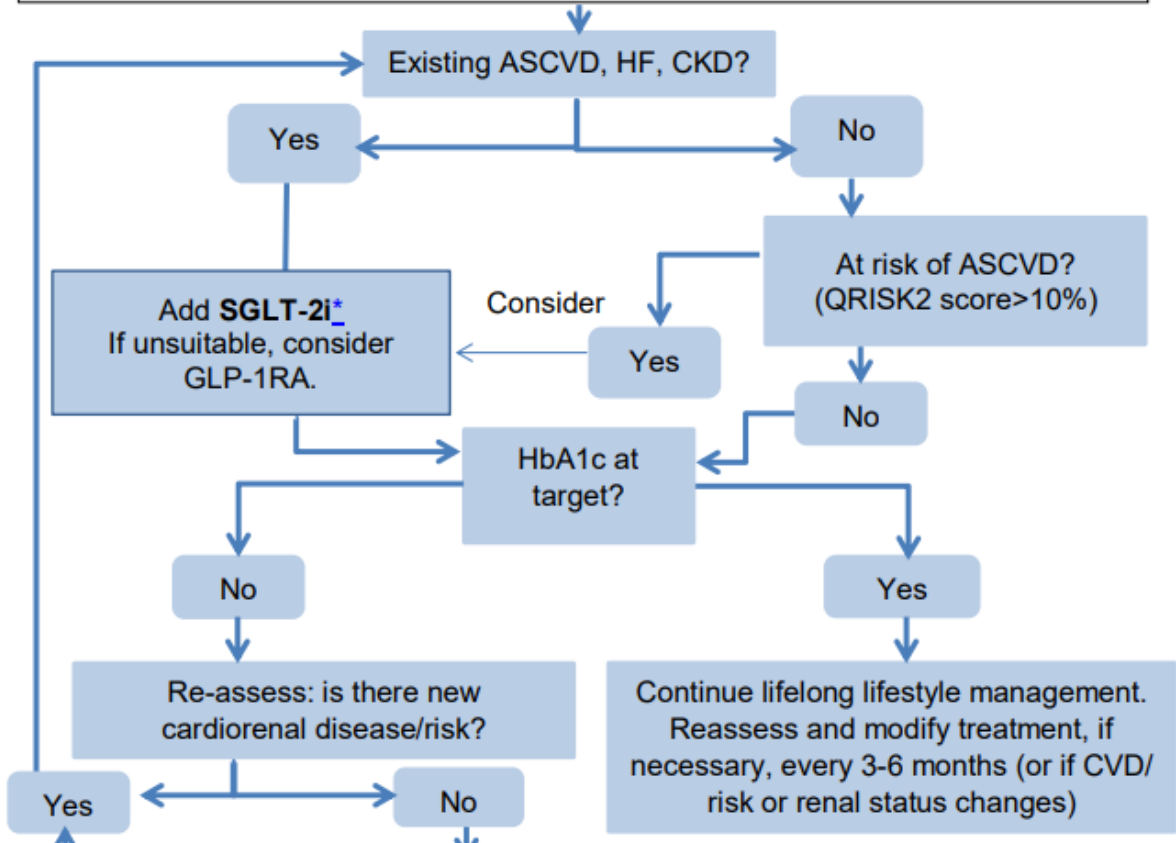


Management of Type 2 Diabetes Mellitus*		
First line management		
Lifestyle management (including diet, weight management and physical activity)	First choice: Metformin (if GI disturbance, Metformin MR)	If required short-term, rescue therapy for symptomatic hyperglycaemia - insulin, sulfonylurea
Second line therapies (aims: improve cardiorenal outcomes, achieve target HbA1c)		



- Additional therapies**
(See local formularies/SPC/BNF for 2nd/3rd line choices and licensed indications)
- **SGLT-2i** (an option in dual/triple therapy)
 - **GLP-1RA** (third line, see local formulary)
 - **SU** (hypoglycaemic risk)
 - **DPP-4i**
 - **Pioglitazone** (caution in HF)
- Refer to Table 6 to aid choice (efficacy, weight loss/gain, hypoglycaemia, renal impairment, long-term outcomes)

Review 3 monthly until at target.
When therapy has not continued to control HbA1c, consider **insulin** (following local processes for initiation)